



Tamil Nadu Teachers Education University

Karapakkam, Chennai 97.

Research Skills

Value-Added Course
2020-21

Course Code:
VAC14

ABOUT THE COURSE

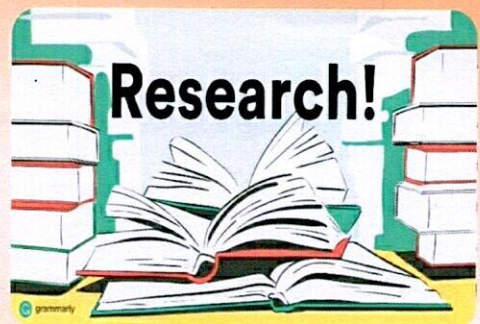
The course research skill explains various stages of scientific research and its components. It is very useful to develop the higher order thinking skills of researchers. This course explores the various stages of educational research and skills in each and every stage of research process.

OUTCOME OF COURSE

- ✦ To develop the knowledge and skills about the research
- ✦ To create the opportunity to use the research skills
- ✦ To enhance the quality of the research and researcher

CURRICULUM

- ✦ Skill of identifying a research problem
- ✦ Skill of reviewing the literature
- ✦ Skill of specifying the purpose for research
- ✦ Skill of collecting data
- ✦ Skill of analyzing and interpreting data
- ✦ Skill of reporting and evaluating research



COURSE COORDINATORS

Dr V. Balakrishnan
Professor & Head

Dr A Rajeswari
Assistant Professor

REGISTRAR i/c
Department of Curriculum Planning and Evaluation

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2020-2021

Course Name : Yoga and Empowerment

Course code : VAC17

**Mentor : 1. Dr. M. Soundararajan
2. V. Vijaya kumar**

Course Duration : 30 hours

About the course :

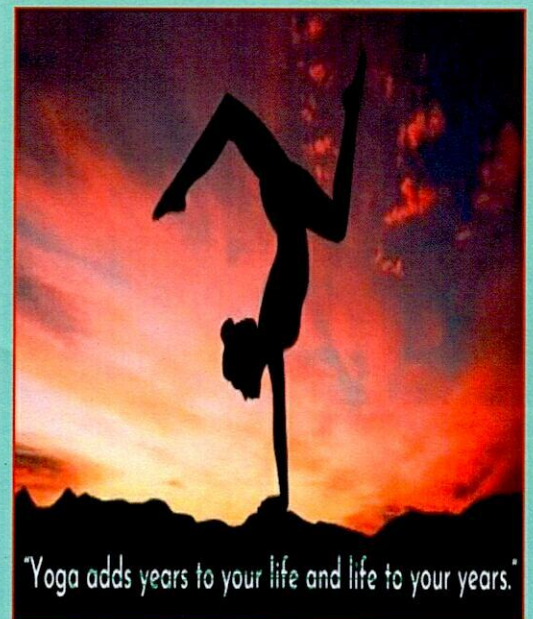
Yoga can empower us to heal and nurture our physical, mental, emotional, and spiritual, well-being. Through a dedicated practice of yoga, we discover our focus, vitality, power, and courage.

Outcome of the course

- ✓ To develop Physical Empowerment
- ✓ To develop Mental Empowerment
- ✓ To develop Emotional Empowerment
- ✓ To develop Spiritual Empowerment

Curriculum of the course

- Physical health and fitness.
- Yoga is a holistic tool for everyday health.
- Memory power and focus.
- Personality growth.
- Alignment of mind, body and spirit.
- Managing stress and depression.

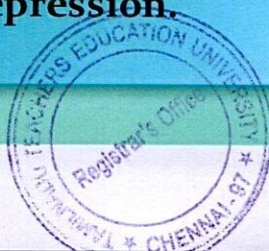


"Yoga adds years to your life and life to your years."

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Course name: Intellectual Property Rights(Value added Course) **2020-2021**
Course Director: Dr.P.C.Naga Subramani
Course Duration: 30 hours

About the Course

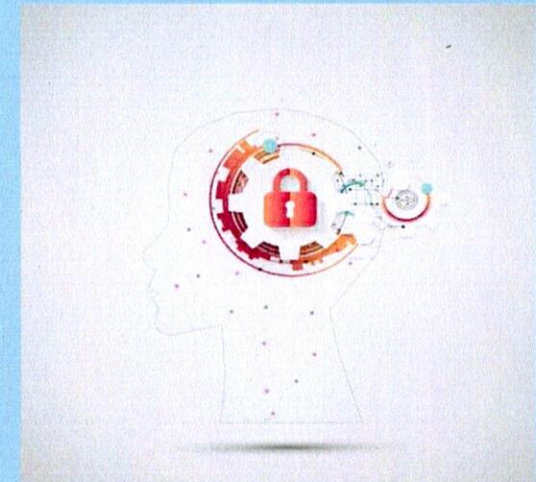
Intellectual Property Rights course allows the students to identify and protect their intellectual property rights from any misuse and misrepresentation by any individual or organization. For growth and development, all individual need well-maintained and effective intellectual property protection

Outcome of the Course:

- ◆ To introduce the fundamental aspects of IPR
- ◆ To aware about current trends in IPR ang govt. Fostering IPR
- ◆ To disseminate knowledge on trademarks

Curriculum of the course

1. Overview of Intellectual Property
2. Patents
3. Copyrights
4. Trademarks
5. Other forms of IP
6. Current Contour



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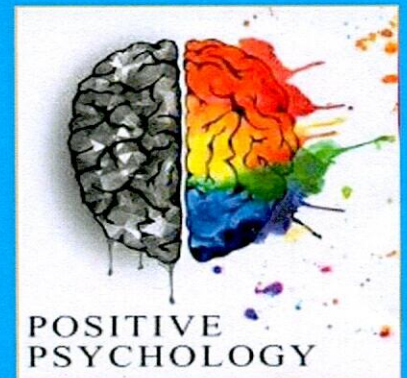
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2020-2021

Course Name : Positive Psychology
Course code : VAC12
Mentor : Dr.V.Vasudevan
Course Duration : 30 hours



About the course :

This particular area of psychology focuses on how to help human beings prosper and lead healthy, happy lives. While many other branches of psychology tend to focus on dysfunction and abnormal behavior, positive psychology is centered on helping people become happier.

Outcome of the course

- Explain the concept positive psychology
- Explore the positive emotions and well being
- Maintain good relations at work place
- Analyse the positive team culture
- Comprehend the universal human motives

Curriculum of the course

- Historical overview and development of positive psychology
- Understanding strength
- Emotion and self based approaches to positive psychology
- Cognitive and interpersonal focused approaches to positive psychology
- Positive youth development



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Course Name : Counselling Skills
Course code :
Mentor : Dr. T. Sivasakthi Rajammal
Course Duration : 30 hours - 2020-21

Course Objectives

1. To understand emerging concept of Counseling
2. To know the various skills in Counseling
3. To acquaint students with the stages of Counseling Process
4. To identify the need of ethics in Counseling
5. To sensitize the importance of theories in Counseling.

Syllabus

1. Unit 1: Basics of Education
2. Unit 2: Basic Counselling Skills
3. Unit: III Counselling Process
4. Unit: IV Ethics in Counselling
5. Theories of Counselling and Psychotherapy

Course Outcomes

1. Understand emerging concept of Counseling.
2. Utilize the stages of Counseling in the Counseling Process.
3. Critically analyze the need of ethics in Counseling
4. Inculcate the theories of Counseling to a fresh Counselor
5. Implement Skills in Counseling Process.

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Course name: Life Skills (Value added Course)

2020-2021

Course Director: Dr.V.Sharmila

Course Duration: 30 hours

About the Course:

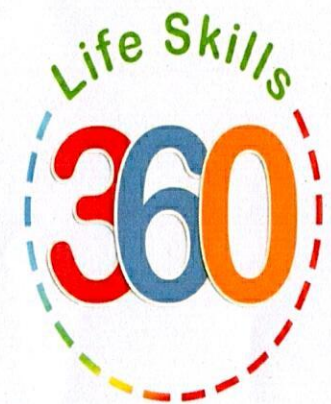
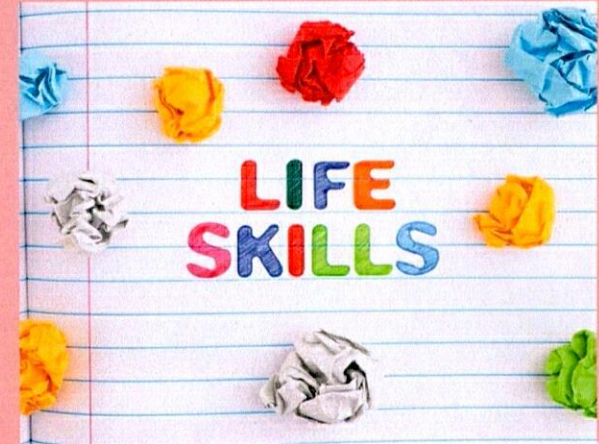
Life skills are abilities for adaptive and positive behaviour that enable humans to deal effectively with the demands and challenges of life. This concept is also termed as psychosocial competency.

Outcome of the Course:

- ◆ To develop Thinking skill
- ◆ To develop self awareness and empathy
- ◆ To develop an understanding of the theoretical foundations of the life skills

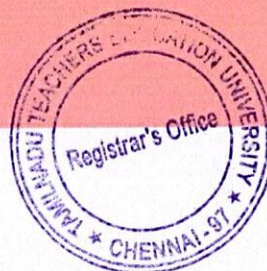
Curriculum of the course

1. Concept of life skills
2. Theoretical foundations of life skills
3. Skills of self management and empathy
4. Thinking Skills
5. Methods of life skills and Evaluation



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2020-2021

Course Name : Professional Ethics (Value Added Course)
Course code : VAC13
Mentor : Dr.C.E.Jayanthi
Course Duration : 30 hours

About the Course:

Professional Ethics Course is specially designed and detailed course aimed to develop Professional Ethics among the students

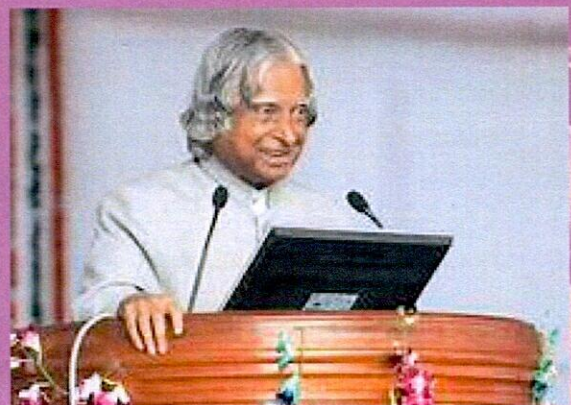


Outcome of the Course

1. Able to inculcate ethical behavior in the personal and professional.
2. To internalize ethical values.
3. Able to Use the code of Professional ethics and practices.
4. Critically analyse the issues in Professional ethics.
5. Able to understand the importance of Professional ethics.

Curriculum

1. Code and Conduct of Professional Ethics
2. Professional Ethics of Teachers
3. Theories of Professional Ethics
4. Ethical Issues



"Believe in yourself, You are braver than you think, more talented than you know and capable of more than you imagine." -Dr.APJ Abdul Kalam

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2020-2021

Course Name : Educational Administration
Course code : VAC 05
Mentor : Dr. P. Subramanian
Course Duration : 30 hours - 2020-21

About the course :

Educational Administration course is a specially designed and detailed course aimed at developing and boosting Administrative skills of teachers

Outcome of the course

- understand emerging concept of educational administration
- identify various factors which affect the educational administration
- acquaint students with issues in educational administration
- analyze the theories of educational administration

Curriculum of the course

- Introduction about Educational Administration
- Theories of Educational Administration
- Leadership in Educational Administration
- Emerging issues in Educational Administration
- Trends in Educational Administration




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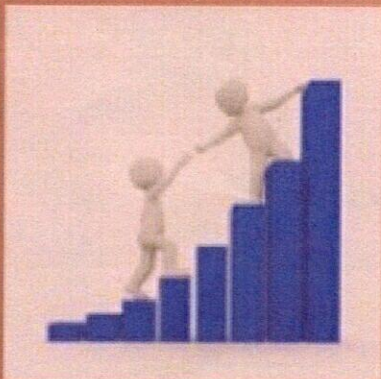
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(The Government of Tamil Nadu, No. 10 of 1988)
Gangaramnai 6th Street, Karapakkam, Chennai - 600 097.
Tamil Nadu, India.

VALUE ADDED COURSE ON

CAREER GUIDANCE AND COUNSELLING TECHNIQUES - 2020-21



OBJECTIVES:

- Understanding about the personality measurements
- Discuss about the Counselor Interactions with Patients
- Critically evaluate about the report preparation

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